The Redpath Centre

Dr. Jacqueline Doherty Chin, C.Psych.

jacqueline.doherty@redpathcentre.ca

Clinical Psychologist | Teens & College-Age Youth

A GOOD FIT FOR REFERRALS WHERE...

• Autism, ADHD, anxiety, mood, learning, cognitive and other factors overlap - and it is difficult to know what is driving what. • The young person has had previous diagnoses or assessments, but there is still no clear picture. • Different environments and different informants tell different stories.	• School avoidance, shutdown, low engagement or significant mental health difficulties complicate assessment. • The presentation is complex, subtle, high-masking, atypical or easily misunderstood. • The team needs more than a diagnosis - they need a coherent formulation and direction about what to do next.

ASSESSMENTS THAT HELP THE TEAM MOVE FORWARD

NOT ONLY...	BUT ALSO...
A report that simply describes scores, test by test	A clear formulation that connects the dots - what is happening, why, and what matters most. The report should be more than scores and diagnoses – the goal is to turn a complicated clinical picture into something clear, accessible and useful.
Separate diagnoses	How the different pieces fit together and interact
Detailed findings	A comprehensive, yet, digestible picture that helps the team know what matters most and what to do next
What is difficult	Who they are, what is strong in them, what they can feel proud of, and the conditions where they function best
A diagnosis	What it actually looks and feels like in their life
Clinical jargon	Everyday language that paints a clear, compassionate picture
A non-specific list of recommendations	Tailored, individualized recommendations built around the person - what is most likely to help and what is realistic for the young person, family and team

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HOW I WORK

COLLABORATIVE	FLEXIBLE	COMPASSIONATE
The people already working with a young person often hold essential pieces of the picture. I value input from therapists, case managers, school staff and other providers, and tailor the assessment to the questions the client, family and team actually need answered.	The process can be adapted to the young person's needs - including shorter sessions, more time, breaks, changes in pace or other adjustments when a standard assessment format is not realistic.	Young people should feel emotionally safe and respected. Families are approached with dignity and without blame, and strengths remain visible even when the conclusions are difficult.

DIFFICULT CONCLUSIONS, EXPLAINED WITH CARE

I bring the same compassionate care to feedback and report writing. I ask:

- How can I help this young person feel truly seen and understood, with an explanation that brings relief?
- How can I help the people around them understand them with compassion?
- How can I make sure their strengths, identity and efforts remain visible?
- What can I offer that helps the young person and family leave feeling hopeful about what comes next?

ONE PSYCHOLOGIST FROM START TO FINISH

Rather than having testing completed by a psychometrist, I personally conduct the entire assessment. That continuity is essential to a truly in-depth, integrated, relationship-driven assessment.

ASSESSMENT FEES

Assessment services are provided through The Redpath Centre.

Psychoeducational $4,000 | Autism $2,625 | Combined $4,500	**All assessments include a mental health component.**